

## please *PRAY* for...

**Nick Noe** – (fiance of friend of Dougan's) skull fracture due to bad accident; recent tracheotomy, and not waking up for long periods of time

**Mike Greenwood** – in Texas for a second opinion and series of tests

**Kate Killion** – (Peggy Spear's neice) high blood pressure

**Mary Fay** – knee; pray for lifted spirits

**Sean Oliver** – (Cheryl Dougan's nephew) 2nd heart attack; seems to be doing better

**Jennifer Souder** – (Cecelia's granddaughter) accepted teaching job in Nashville!

**John & Diana Wood** – keep in prayers

**Tiffany Williams** – lots of swelling and pain in left leg

**Sherry Allen** – pancreatitis

**Karen Williams** – Cellulitis

**Della Gutwein** – multiple blood clots

**Dennis Dunn** – (friend of the Hampton's) Parkinson's disease

**Howard Oliver** – (Cheryl's brother-in-law) ulcer

**Massey Family** – (friends of the Bond's) mother killed in car accident

**Jenny Tucker** – (Krissy Truex's sister) personal struggles

**Sarah Oakes** – (Gail Oake's mother) health

**Daisy (Barty) Cornet** – released from hospital

**The Gannons** – (friends of the Taylors) serious health problems; invited to attend Belmont

**Molly & Morgan Hoopes** – now receiving treatment for addiction, currently drug-free

**Naomi Shields** – general health

**Angela Scribber** – (Lew Surber's co-worker) young mother with breast cancer, undergoing radiation

**Jennifer Samler** – (former member) expecting 2nd child, a girl, possibly premature

**Shiela Powers** – (Dave Bond's secretary) serious health issues

**Mary Armstrong** – (Naomi Shield's mother) congestive heart failure; injured in fall

**Dianne Harrington** – (friend of Cheryl Dougan) family problems

**Bill Lister** – doing better, now home

**Jerline Stafford** – (Sharon's mother-in-law) blood work done for possible cyst in one of her glands

**Rebekah Carson** – (Howard's niece) home from hospital; also keep her parents Keith and Julie in your prayers

**Maggie Hammond** – (friend of Cheryl Dougan's) chemo, then double mastectomy and radiation in September

## ministry contacts

### Elders

Gary Clasby 293-6290 (Home)

Wayne Hampton 429-9454 (Home)

672-2418 (Cell)

Please call an elder if you'd like to schedule a meeting.

### Deacons

Shane Bowen Outreach/Missions

Bill Pittman Bldg. & Grounds

### Minister

Dr. John R. Wood

Cell – (937) 416-3643

Home – (937) 256-1940

Email: Chaplainjn@aol.com

## contact information

Belmont Church of Christ

3003 S. Smithville Rd.

P.O. Box 20066

Dayton, Ohio 45420

(937) 256-0481

### Secretary's Office Hours

Monday and Tuesday – 9a.m. to 1p.m.

### WORSHIP TIMES

#### Sundays

Classes 9:30a.m.

Worship 10:30a.m.

P.M. Worship 6:00p.m.

#### Wednesdays

Classes for all ages – 6:30p.m.

### www.belmontchurch.org

Sunday sermons may be heard on our website.

Samantha Dougan is our Webmaster.

# Belmont church of Christ

*A Family of Faith,  
Glorifying God  
by Reaching Out to Others,  
Sharing the Good News*

**To Our Visitors:** Welcome! You are our honored guests! Please fill out a visitor's card located on the back of the pews and place it in the collection plate.

Before the worship service, please check your cellular phones and other electronic devices to ensure they will not disrupt our time of worship.

### Mind Power

I was reading an article this week about the power of the mind. The article referenced a medical study that worked with a group of people who had persistent arm pain. Half of the group was told that they would receive capsules of amitriptyline (a chronic pain drug) and the other half was told that they would receive acupuncture treatments. All were told of the positive effects of the treatments and given a list of negative side effects. In reality, the patients were given cornstarch capsules, which looked like amitriptyline, or fake acupuncture using spring loaded needles that retracted into the handles. No one received any real treatment.

The results? Both "treatments" worked at reducing the pain, with the fake needles working slightly better than the fake pills. However, nearly thirty percent of the participants experienced some of the negative side effects from the list they were given. A few even dropped out of the study due to the magnitude of the side effects. If no one was really treated, how did some get better and others experience negative side effects? "Mind over matter," as the saying goes.

The mind has power over the body. Our attitude, our outlook, and how we feel can be directed by our mindset. The Bible tells us to "Set your minds on things above." (Col 3:2 NIV). When we follow this advice, we will be uplifted, motivated, and ready to live life for the Lord. The mind is powerful. What is your mind set on?

– Shane Bowen

## notes "Rebel Without a Cause" – Phillipians 2:5-8 (NIV)

### Today's Worship

83 – God Is So Good (1-4)

*Welcome/Opening Prayer*

446 – Hear, O Israel (1-2)

242 – Sing Hallelujah to the Lord (1-6)

214 – Have You Seen Jesus My Lord (Refrain, 1-4)

221 – Jesus, Name Above All Names (1)

*Lord's Supper*

*(Release Carpenter's Kids)*

635 – Freely, Freely (1)

*Offering*

*Scripture Reading –*

Phillipians 2:5-8 (NIV)

449 – Thy Word (1, with repeats)

*Sermon – "Rebel Without a Cause"*  
Shane Bowen

399 – Jesus Calls Us (1-4)

853 – When We All Get to Heaven (1)

*Closing Prayer*

# family news & announcements

**Operation Outreach** – Cards are available on the “Operation Outreach” table in the fellowship area. Feel free to take some and send them out to encourage others.

**Helping Those in Need** – Please continue to fill the boxes with items for the homeless and others in need. Even though the weather is getting warmer, we are continuing to collect winter clothing and backpacks in addition to the other items listed on the bulletin board. Thank you for helping others.

**Canoe Trip** – with Rivers Edge Outfitters, next Sat, Sept 5, 9:30 am- ??? We will be canoeing the shorter route down the Little Miami River! After canoeing, we will meet back at the church for a cook-out, meat/drinks provided! Please sign up to bring a side dish or a dessert. There is a sign-up sheet on the youth bulletin board for the cook-out and so we know how many canoes to get!  
**TODAY IS THE LAST DAY TO SIGN UP!** Please see Christine Harris for details!

**Young Adult and Singles Class** – We recently started a new class for our young adults, single or married from ages 18-45. Our aim in this study is to have everyone not only improve Bible knowledge and concepts but to work on Christian family applications. We will do this by study, open discussion, and sharing personal examples. This opportunity will help our young adult group to get to know each other better and build some strong relationships. We would like to encourage everyone in this age group to make a special effort to attend. Come and be with us next week if you missed this week.

**Ladies Retreat** – Saturday, October 24th, 9am through lunch at Mid-County Church of Christ, 1580 N. Dorset Lytle Road, Troy, Ohio. The theme is “Apples of Gold; The Awesome Power of the Tongue,” and the guest speaker is well-known author Jane McWhorter. We are praying that this morning of retreat will bless all women and girls Jr. High age and up. Please plan to attend and bring a friend!

**CoC Family Reunion Picnic** – Labor Day, September 7, 2009, 11am-6pm. Splash Moraine Center, 4200 Dryden Road, Moraine, OH 45439, Shelters 1, 2 & 3. Picnic is FREE... bring all food no later than 12:30pm. Bake off will be held between 12-1pm. More info on the bulletin board.

**A Patriot’s History of the United States** – with Larry E Schweikart, Professor of History at University of Dayton, September 14, 2009, 6:30 – 8:45 pm @ Belmont. For the past three decades, many history professors have allowed their biases to distort the way America’s past is taught. These intellectuals have searched for instances of racism, sexism, and bigotry in our history while downplaying the greatness of America’s patriots and the achievements of “dead white men.” As a result, more emphasis is placed on Harriet Tubman than on George Washington; more about the internment of Japanese Americans during World War II than about D-Day or Iwo Jima; more on the dangers we faced

# Belmont Youth Calendar

Schedules and other information are posted on the youth activity board.

## class schedule

**Sunday Morning**  
**Adult** (main auditorium) – Howard Carson  
**Youth (downstairs)**  
Kristy Bowen – Toddlers  
Christine Harris – Ages 5 & 6  
Wayne Hampton – Grades 1 & 2  
Margie Hubbs – Grades 3 & 4

**Sunday Evening**  
– Dave Bond  
**Wednesday Evening**  
**Classes for Kids** – (Carpenter’s Kids Chapel)  
– Wayne Hampton  
**Study of Ephesians**  
– Shane Bowen

## birthdays & anniversaries this week

August 30 – Fergus Lloyd  
August 31 – Kevin Nichols  
August 31 – @ Waymires  
August 31 – @ Gutweins  
September 2 – @ Joe & Christine Hampton  
September 5 – Bettie Taylor  
September 6 – Peggy Spear



from Joseph McCarthy than those we faced from Josef Stalin. Come hear those doctrinaire biases corrected. In this groundbreaking book, America’s discovery, founding, and development are reexamined with an appreciation for the elements of public virtue, personal liberty, and private property that make this nation uniquely successful. This is a long-overdue acknowledgment of America’s true and proud history.

**Refuse To Be A Victim** – Crime Prevention and Personal Safety Information Improve your personal safety strategies with NRA’s Refuse To Be A Victim® Program. September 12, 2009, 12:30 – 5:00 pm @ Belmont. Safety experts agree the single most important step toward ensuring your personal safety is making the conscious decision to Refuse To Be A Victim®. You stand a much better chance of preventing criminal attack if you develop a safety plan before you need it. That is we are offering the Refuse To Be A Victim® crime prevention seminar covering: The Psychology of Criminal Predators, Mental Preparedness, Home Security, Physical Security, Automobile Security, Out-Of-Town Travel Security, Technology Security, Self-Defense Physical Training, Personal Protection Devices, & Domestic Violence and Stalking .

# please PRAY for...

**Seeking Employment** – Rebecca Dye, Gary Thurow, Ray Baker, Ann Bateman, Kenny Yancey, Patty Bergman, Marc Dougan

**Please continue to remember...** Clyde Johnson, Belinda Miller, Bill & Eveyln McClain, Edna Smith, Mayra Waymire, Deanne Lawrence, Mark Crist, Mike Spoerl, Helen Nornhold, Don Sottoway, Lou Copeland, Edith Lloyd, Richard King, Frances Stoop, Norman Parker, Betty Kincaid, Glenda Thomas (Ursula’s daughter-in-law), Betty Pittman, Fay Young

**Our Shut-ins** – Mattie England, John Miller, Ursula Thomas

**September Calendar and Schedules** – September calendars and REVISED September worship participation schedules are now available at the visitor center. These worship schedules are to be used and not the one that was printed on the back of the August schedule.

**August 30**  
**Carpenter’s Kids** – Jeff Nichols  
**Toddler Room** – Yin-Fong Greenwood

**September 6**  
**Carpenter’s Kids** – Jeff Nichols  
**Toddler Room** – Christine Hampton

**September Greeters**  
Cheryl Dougan, Claudia Lawrence, Meg & Lew Surber

**September Communion Trays**  
Danielle Hoopes

